

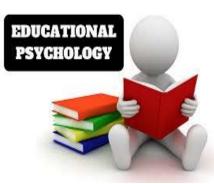
Parenting for High Potential: Essential Caregiving Strategies for Nurturing the Whole Gifted Child

Janette Boazman, Michele Kane, Tracy Inman, Kathleen Nilles



Dr. Janette Boazman















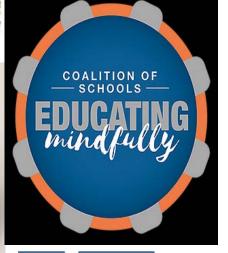








Dr. Michele Kane



pg retreat











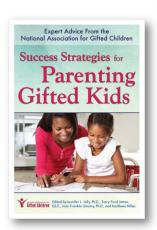


"Giftedness is asynchronous development in which advanced cognitive abilities and heightened intensity combine to create inner experiences and awareness that are qualitatively different from the norm."

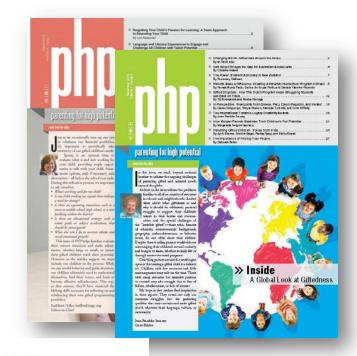


Kathleen Nilles









advocacy to change "what is" into "what should be"







We all Want the Same Thing



We desire...

- personal growth and academic development for children
- health and happiness for all children
- education in quality schools with good teachers
- programs that appropriately address educational needs
- full development of natural abilities for each child
- that all children form and maintain good and lasting friendships

We want each child to be successful, academically and personally, and to move toward a happy and thriving life.

The Path to Thriving for the Gifted



A good analogy:

Helping children climb a mountain.



The Path to Thriving for the Gifted











Getting Our Children to the Top of the Mountain



How do we ensure our children...

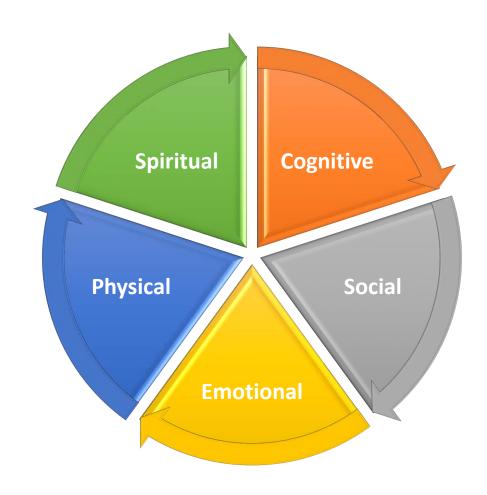
...are successful—academically and personally

...and move toward a happy, thriving life?



Address the Needs of the Whole Child





Giftedness extends beyond intellectual ability and we must support the whole child.

Two Theoretical Models



Differentiated Model of Giftedness and Talent (DMGT) Françoys Gagné



Model of Giftedness and Thriving Extension of Gagné's DMGT Mike Sayler



Differentiated Model of Giftedness & Talent **Development**



TALENT (T)

= top 10 %

SYSTEMATICALLY

DEVELOPED

COMPETENCIES

(SYSDEV)

GIFTEDNESS (G) ~ = top 10 % **NATURAL** ABILITIES (NAT) DOMAINS (G) (Examples of sub-domains) INTELLECTUAL (Gi) General intelligence (g factor) Fluid, cristallized reasoning Verbal, numerical, spatial Memory, sense of observation CREATIVE (Gc) Inventiveness (problem-solving) Imagination, originality (arts), retrieval fluency. SOCIAL (Gs) Communication (tact, perceptiveness, eloquence) Influence (leadership, persuasion).

PHYSICAL (Gp)

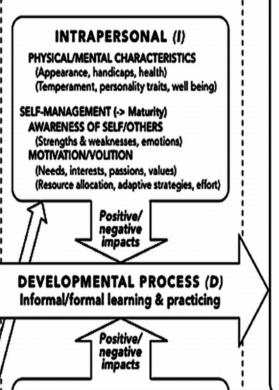
olfactive, etc.

Sensory: visual, auditory,

Motor: power, endurance,

balance, coordination, etc.

CHANCE (C)

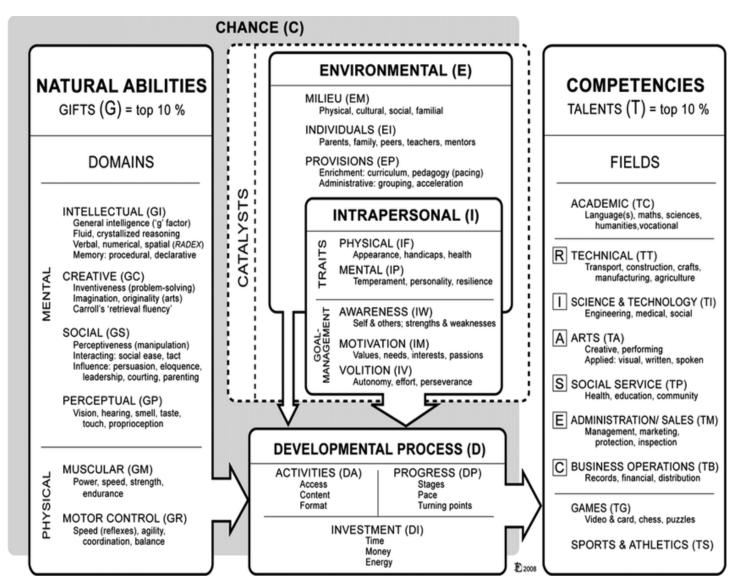


CATALYSTS --

FIELDS (T) (Examples relevant to school-age youths) ACADEMICS: language, science, humanities, etc. ARTS: visual, drama, music, etc. BUSINESS: sales, entrepreneurship. management, etc. LEISURE: chess, video games, puzzies, etc. SOCIAL ACTION: media, public office, etc. SPORTS: individual & team. TECHNOLOGY: trades & crafts, electronics, computers, etc. **ENVIRONMENTAL** (E) MILIEU: physical, cultural, social, familial, etc. PERSONS: parents, teachers, peers, mentors, etc. PROVISIONS: programs, activities, services, etc. EVENTS: encounters, awards, accidents, etc.

Differentiated Model of Giftedness & Talent Development 2.0





Some Talented Adults You May Recognize





Nelson Mandela



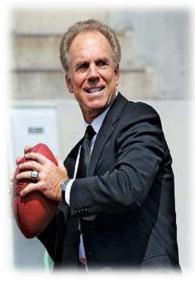
Mother Teresa



Dr. Maya Angelou



Condolezza Rice



Roger Staubach



Bill Gates

Some Talented Adults You May Recognize





Enron Executives Corruption



Bernie Madoff Fraud



Lance Armstrong Doping



President Richard
Nixon



Ted Kaczynski Unabomber



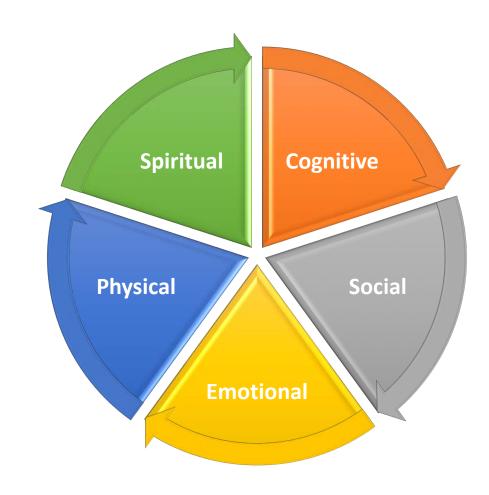
Entertainers College Admissions Scandal



Is Talent Development Enough?

Not Just Talent Development...





...We must support the whole child!

Model of Gifted & Thriving



Thriving

Natural Abilities

Gifted = top 10%

Mental

Domains Intellectual

Creative

Social

Perceptual

Physical

Muscular

Motor Control Intrapersonal Catalysts

Developme:ntal

Competencies

Talent
Top 10%

Character

& Friendships

Relationships

Spirituality

Environmental Catalysts

Integrity

Wasting

(Adapted from Sayler, 2009 & 2012)



The Whole Gifted Child: Social, Emotional & Spiritual Needs

Presented by: Michele Kane, Ed.D.
Northeastern Illinois University, Chicago, IL
M-Kane1@neiu.edu



"We need to remember that no matter how overwhelmed we might be with the fact that we have a gifted child, we have needs, too; we must not forget ourselves and our own needs, and we must also realize that these needs are separate from those of the child."

-Annemarie Roeper, 1986

Downtime



It's important to take care of yourself.

Make time for you: Stress-relievers, exercise, parent groups-one good friend, "date night," 25% rule, vacations, hobbies—your passions.



Source: Car Rentals.com "Top 10 Destinations to Experience Wildflowers in the U.S.

Dutifully Discovering



Probe those who know and become educated about the field of gifted education.

Connect with: Websites,
Journals, 2 Days of 2E, Online
Blogs/Twitter, Tip Sheets, GT
Coordinators, apps, other
parents (many are coaches).



Ben Lomond Peak on the Wasatch-Cache National Forest, Utah. Photo by Teresa Prendusi. Courtesy U.S. Forest Service.

Dedicated and Desiring



Provide opportunities for struggle and/or provide respite when overwhelmed.

Your role: Allow failure, give praise sparingly, focus on encouragement, ensure coping skills are developmentally appropriate.



West Elk Scenic Byway Wildflower Viewing Area, Gunnison National Forest, Colorado. Photo by David Inouye. Courtesy U.S. Forest Service.

Defining and Developing



Follow the child's inner agenda.

Your guidance: Allow feelings, provide "support not solutions," offer genuine empathy expand "feelings" vocabulary.



Albion basin in the Wasatch Mountains. Photo by Teresa Prendusi. Courtesy U.S. Forest Service.

Definitely Deciding



Avenues for growth.

Teaching moments: Nature of being gifted; conflict resolution and decision-making; differences between excellence, effort and perfectionism.



Cedar Breaks National Monument, Utah. Via Maria Jeffs/Shutterstock.com.

Dual Development



"As children develop, their brains
"mirror" their parent's brain. In
other words, the parent's own
growth and development, or lack
of those, impact the child's brain.
As parents become more aware
and emotionally healthy, their
children reap the rewards and
move toward health as well."



Fort Pierre National Grassland, South Dakota. Via Roadwardbound/Shutterstock.com

— Daniel J. Siegel

Dynamically Designing



Their environment and experiences.

Find: places for passions to flourish, service projects at early ages, peers and mentors, multiple friendship/relationship opportunities.



Aspen Groves, Sierra Nevada, CA. Photo by T. Kuhn. Courtesy U.S. Forest Service.

Deliberately Detaching



Teach calming, self-soothing techniques, finding flow.

Looks like: Meditation, visualization, deep breathing, labyrinth, forest bathing, savoring, mindfulness, yoga, journaling, singing, calligraphy, bibliotherapy.



Aspen Groves, Sierra Nevada, CA. Photo by T. Prendusi. Courtesy U.S. Forest Service.

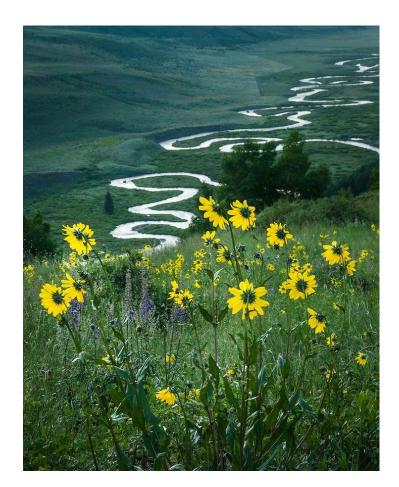
Delight!



When you do things from your soul, you feel a river moving in you.

A joy.

- Rumi



East River, Crested Butte, Colorado. Source: Pinterest.



The Whole Gifted Child Cognitive & Intellectual Needs

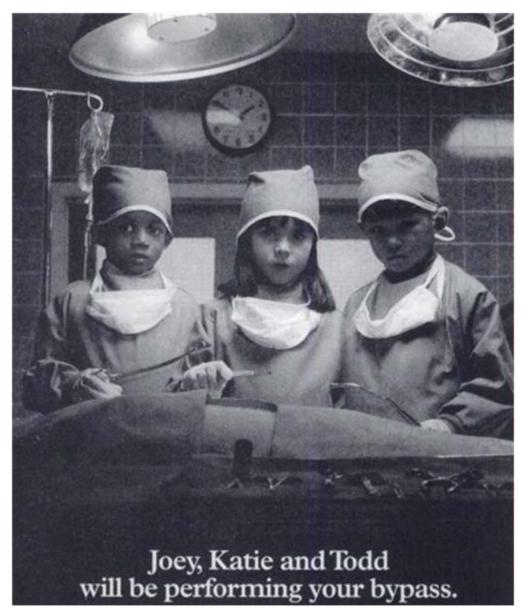
Presented by: Tracy Inman, Ed.D.
The Center for Gifted Studies, Western Kentucky University
tracy.inman@wku.edu

Consider This...



If during the first five or six years of school, a child earns good grades and high praise without having to make much effort, what are all the things he doesn't learn that most children learn by third grade?





Knowing When & How to Advocate



"The major challenge I've faced as a parent of gifted children in school is knowing when and how to intervene to make sure that they are continually being challenged to grow and learn.

"I know I am my kids' first and best advocate, but there is certainly the fear of being 'that' parent and how that may negatively impact my kids. When my second grader wrote a note to his teacher on his homework, 'I need harder problems,' I took that as an undeniable signal that I needed to set up a meeting."

-Amy Berry, parent



Feed Passions & Honor Your Child



"Follow your child's lead and feed his or her passions. All children are hungry to learn and inquisitive."

"Gifted children just seem to have a much larger appetite than others for knowledge and questions."

"Honor their quirks and intensities. They can't help it, but you can build an environment that helps them learn to cope and process through it."

-Dr. Lynette Breedlove, parent and administrator

Partner with Teachers & Schools



Be informed.

Have a clear message and purpose for meetings.

Create a plan together to best meet your child's needs.

Be an advocate for your child and gifted education.

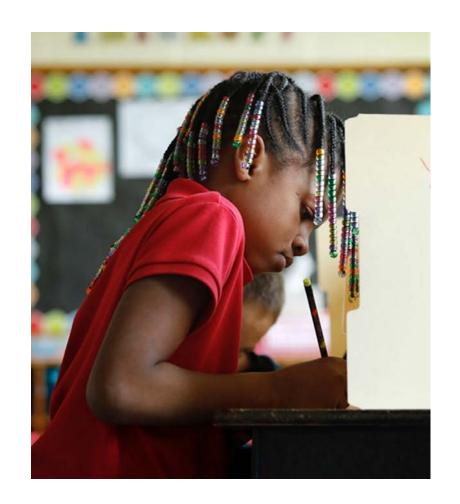


Partner with Teachers & Schools



"I have found it refreshing to be able to openly and honestly discuss a child's strengths and weaknesses and work as a cohesive team in developing a plan that best fits the child."

Karen Bickett, parent

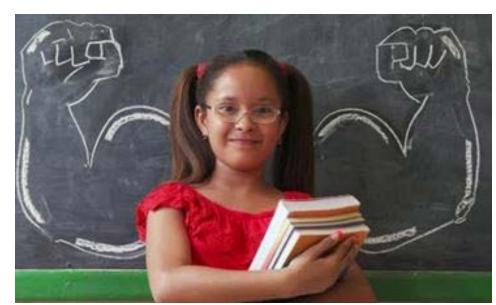


Acceleration



Acceleration means moving through the traditional curriculum at rates faster than typical.

The research is clear: acceleration can be highly effective in terms of cognitive, social, and emotional growth.



Types of Acceleration



Early Admission to Kindergarten

Early Admission to First Grade

Grade-Skipping

Continuous Progress

Self-Paced Instruction

Subject-Matter Acceleration/ Partial Acceleration

Telescoping Curriculum

Curriculum Compacting

Combined Classes

Mentoring

Extracurricular Programs

Correspondence Courses

Early Graduation
Concurrent / Dual Enrollment
Advanced Placement
Credit by Examination
Acceleration in College

Early Entrance into Middle School, High School, or College

What is Enrichment?



Strategies that supplement or go beyond standard gradelevel work, but do not result in advanced placement or potential credit.

-Davis, Rimm, & Siegle, 2011



Photo courtesy Science Olympiad

Summer Opportunities



"My son's self-confidence rose dramatically. Teachers trusted and enjoyed him, counselors nurtured him, peers made him roll laughing. Everything worked together!

This program is, very quietly, life changing. These children stand out all the time. It's a blessing for them to blend in for a few weeks. Putting bright kids together in an environment where it's okay to be smart is a win-win situation."

-VAMPY Parent

What is Differentiation?



"A teacher who differentiates effectively matches the content (basic to complex), the level of the thinking process, the sophistication and choice of the product, and/or the assessment to the student or cluster of students."

-Roberts & Inman, 2013, p. 2



Would-Could-Should Litmus Test*



Would all children want to be involved in such learning experiences?

Could all children participate in such learning experiences?

Should all children be expected to succeed in such learning experiences?

If the answer is "yes," then the learning experience is appropriate for all learners; it is not differentiated for gifted learners.

^{*}Harry Passow

Every Day Strategies



"Strategies that you use in meeting the needs of gifted and talented students don't have to be big events. Some of the best strategies are small tweaks to curriculum that teachers can make every day."

-Dina Chaffin, District Gifted and Talented Coordinator







"Mommy, today I learned an inch, but I want to learn a whole mile every day."

-Chelsea, when age 6 (Now...26!)



The Whole Gifted Child: Physical Needs

Presented by Kathleen Nilles
National Association for Gifted Children
knilles@nagc.org

Every Gifted Child is Unique



If you've met one gifted child, you've met one gifted child.



Know & Accept Your Child



- Strengths?
- Weaknesses?
- Introvert or Extrovert?
- Interests?
- Talents?

In addition to considering same needs for cognitive and affective support, must create a plan to support physical needs.











Asynchronous Development



When the social, emotional, physical, intellectual, and creative aspects of a child develop on a trajectory outside of norms and at an uneven rate.

Examples:

- -Gifted 9-year-old writes like 4-year-old
- -Gifted 6-year-old wants to write like 9year-old—but is developmentally appropriate
- -Struggles with gross and fine motor skills



Sensitivities & Intensities



Some gifted children physically experience the world more intensely than their age mates.

Examples:

Noise—both volume and frequency

Textures—food, clothing
Bodily manifestations—
migraines, allergies, vision



Twice-Exceptionality (2e)



Child is academically gifted/talented, and exhibits learning, emotional, physical, sensory and/or development disability.



Examples: Dysgraphia, dyslexia, ADHD, speech/language disorders

Importance of Physical Activity



- Builds muscle tone, maintain a healthy body weight, and strengthens the cardiovascular system
- Develops mind-body connections
- Research suggests:
 - -Movement and physical activity can improve children's memory while lowering stress
 - -Can enhance gifted teenagers' physical capabilities, physical appearance, emotional stability, self-concept or general sense-of-self, and same-sex peer relationships
- 1 Ford, D. M. (2011). An action research inquiry into the relationship among aerobic activities, memory, and stress with students identified as gifted (Doctoral dissertation). Retrieved from ProQuest Dissertations Publishing.
- 2 Rinn, A. N., & Wininger, S. R. (2007). Sports participation among academically gifted adolescents: Relationship to the multidimensional self-concept. Journal for the Education of the Gifted, 31(1), 35–56.

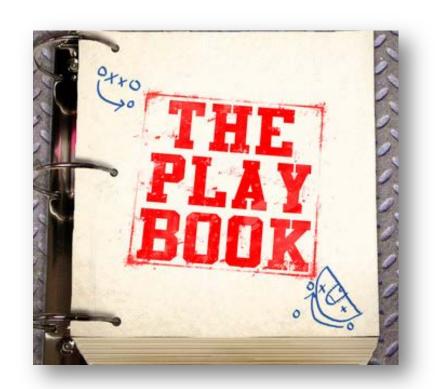
What Works for One Gifted Child...



...works for one gifted child.

Every child's strategy will be different for meeting physical needs.

Parents need to resist pressure from others to "have their child do what everyone else is doing"



Considerations for Sports



Factors to Consider	Questions to Ask Yourself
Physical Ability	How much athleticism and coordination is needed? What is your child's ability level?
Social Ability	What is the level of social interaction? How much communication is involved in participating? How developed are your child's communication skills?
Emotional Ability	How does your child cope? Are they able to handle success, failure, and challenge? Are there particular scenarios (e.g., losing, following rules) that your child struggles with in particular?
Individual vs. Individual Team vs. Team	Is your child better suited to work alone or individually? Will being with teammates be beneficial or too challenging?
Setting	Are there a lot of spectators? Is it a popular sport that has a high level of competition? Are there tryouts? Does everyone make the team?

Source: Lutostanski, S. (2018, March). Sports that work for gifted children. *Parenting for High Potential*, National Association for Gifted Children.

What Works for Some Gifted Kids













Parents' Role in Talent Development



Parents are crucial to nurturing talent development for their children.

- Introduce children to variety of experiences
- Foster early talent (often under age 5)
- Practice, practice, practice
- Importance of mentors
- Find "centers of excellence"
- Be child's personal manager agent, chauffer, costume designer, scheduler





Importance of Play & Nature



Kids who don't have a lot of unstructured outdoor play are at risk for a range of negative outcomes:

- Greater risk for unhealthy lifestyles and childhood obesity
- Fewer sensory-rich experiences
- Higher diagnoses of ADHD-type symptoms
- Lower academic performance in school
- Less empathy for plants and animals
- More apathetic/destructive attitude toward others
- Lower self-confidence
- Less independence
- Diminished creativity

Louv, R. (2008). Last child in the woods: Saving our children from nature-deficit disorder. Chapel Hill, NC: Algonquin Books.

How to Get Gifted Kids Outside



- "Kidscape your backyard"
- Start your own nature club
- Try nature journaling
- Take a hike!
 - Animal tracks, birds
 - Micro-hike, using hula hoop and hand lens
- Be a scientist or detective
- Try a seasonal activity
- Visit a local, state, or national park or Audubon center







Parents and family play the most important role in determining a how a child develops as a "whole" person, who a child becomes, and what he or she can accomplish.



Resources Just for Parents



Parent TIP Sheets

Free, Downloadable

Asynchronous Development



Gifted children vary in their abilities often their patterns of growth differ their age peers.

When the social, emotional, physical, intellectual, and creative aspe person develop at an uneven rate, it is described as asynchronous

Research shows that gifted and talented children sometimes developed asynchronously. In fact, for one group of psychologists, educators parents (Columbus Group), asynchronous development is central to definition of giftedness. They believe that giftedness is based on the experiences of the individual combined with advanced cognitive

Asynchrony can be demonstrated in a variety of ways. For example

- . A 6-year-old child with a 9-year-old mind wants to draw and writ 9-year-old, but his motor coordination is age appropriate.
- . A 5-year-old girl may be reading at an 8th grade level, but she is a A young gifted child may cognitively understand difficult concept
- death and social justice, but may not have the life experience to h these concepts.

Asynchrony implies greater complexity. And, these qualitatively di experiences may occur in all cultures, ethnic groups, and segment:

KEY CONCEPTS

Increased Asynchrony. As levels of giftedness increase, asynch be more pronounced and social relationships may become more

Progressive Development. The discrepancy between mental ag chronological age is progressive. A 6-year-old with a 9-year-old in become a 12-year-old with an 18-year-old mind.

Anxiety. When a child realizes he is out of sync from his age mat

Assessments

It's often confusing to parents if, when, where, and why they should have their child tested for giftedness.

While gifted professionals agree that test scores should not be the sole source of identifying high-ability learners, the fact is that tests and assessments are still administered in some districts, schools, and gifted programs in order to clarify the educational needs of students or if a learning discrepancy is suspected.

Public school districts with gifted programs often use subject-specific, standardized achievement (such as PARCC, NWEA MAP, SAT, MAT, ITBS, SRA), or group ability (CoGAT) tests to identify students that qualify for gifted programming. Districts administer tests as part of the school calendar and establish test score benchmarks to qualify for specific gifted programs

When a school district has no gifted program or has elected not to test your child, you may wonder if you should have your child tested independently. Before testing, you might first explore other options— such as regrouping, subject-based acceleration, or grade-based acceleration—with your school or district.

QUESTIONS PARENTS MOST OFTEN ASK

Why should I have my child tested?

Ask yourself the following questions before deciding to have your child tested:

· Are there indicators—such as academic performance, social-emotion characteristics, or certain behaviors-that makes me suspect my child is gifted:

. Is my child not thriving or unhappy in his current learning environ

• Is my child applying to a gifted and talented enrichment program, camp, online course, or independent gifted school where test results are required for

other factors (such as a learning disability, ADHD, or anxiety, for example) may be

If the answer is "yes," to any of the above questions, you might want to pursue

Classroom **Advocacy**

Parents often wonder when and how to approach their child's teacher if their child seems unhappy or not challe the classroom.

While there is no single recipe for how parents should develop a supportive relationship with their child's teacher, there are some and best practices parents can implement as they work to bring their child's educational experiences.

can be avoided by understanding the chain of command, doing a research and planning, and staying open-minded to solutions

HOW TO GET STARTED

1. Always start with your child's classroom teacher. If the teac perceives you've spoken to other teachers or to the principal bi speaking with her, you'll start off on the wrong foot.

2. Do your homework! Talk with your child, make a list of your concerns (be as specific as possible), discuss various alternati your child, find samples of your child's work, understand your c strengths and weaknesses, and know typical gifted terms and

3. Do you have insights into the teacher's curriculum, teaching philosophy? This information can be gleaned from open house curriculum nights, the classroom web site, and conversations

4. Plan in advance what you're going to say and write it down

teacher in the pick-up line, on the fly, or at social events.

reviews, journals, and



Early Childhood

All young children are curious and ready learners. But, some young children have advanced strengths and talents beyond their chronological-aged

Children may show advanced academic skills in example, but not have the fine motor skills to w the social skills to problem solve without tantru to nurture growth in strength areas and suppor To nurture your children's abilities, seek envi where they can engage in creative and critical ti

academic work, both inside and outside of school At home, if your child is attracted to music, so

At school, if your kindergartner is an avid reade on the "letter of the week," share with your chili books she reads at home. Seek a kindergarten e level of mastery.

his age mates, talk to the teacher about ways y omplex and applied ma an architect's rendition of a building).

Beyond academics, young children also need or nselves, interact with a diverse group of lea skills through play as part of their learning. Just other children their age in reading or writing do



Acceleration helps match the level and pace of the curriculum to the needs of academically talented students.

level than their age mates. Acceleration allows students to do this; it provides academic challenges for students who are ready. As demonstrated by extensive

Parents might consider investigating acceleration if their child is studying content in school that they have already mastered. Students do not need to be babeled "gifted" to benefit from these opportunities. For example, mathematically latents dissidents might not qualify for language arts oriented gifted programs, yet could benefit from moving up a grade for math.

eleration policies vary widely. Some states require schools to have policies i e. Others do not permit certain forms of acceleration, such as early entrance dergarten, despite the fact that research supports acceleration for carefully scted students. Many states leave policies up to the local district.

20 TYPES OF ACCELERATION

Twenty different forms of acceleration range from early entrance to kindergarten to

than older students in their classes and equally able same age students who were not accelerated. Accelerated students retain what they learn, pursue more challenging majors, earn higher salaries, and produce more creative products than comparison students. Acceleration helps students stay engaged in school and develop life skills that help them face challenges and overcome setbacks

SOCIAL-EMOTIONAL DEVELOPMENT

Ample evidence indicates that accelerated students do fine socially and psychologically; parents and students report few regrets about acceleration, even years later. Because many lifetic learners are more mature than govern and have developmentally advanced skills and interests, acceleration can provide access classification and access and stages of frenchish developmentally advanced skills and interests, acceleration can provide access with theirs. For those paverts and educators who healtast to accelerate students, it is important to remember that doing conflict is not the same as doing no furm.



FOOD FOR THOUGHT

about academic acceleration There are facts and tools to help make good decisions.

graduation; grade skipping; curriculum compacting or telescoping; self-paced acceleration; distance learni advanced placement; dual

» When accelerating, be sure to

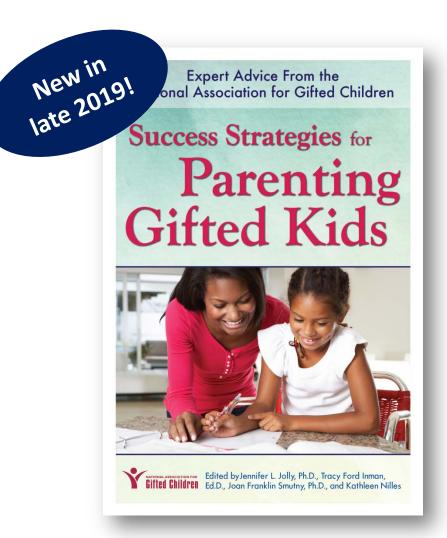
Find these resources at accelerationinstitute.org:

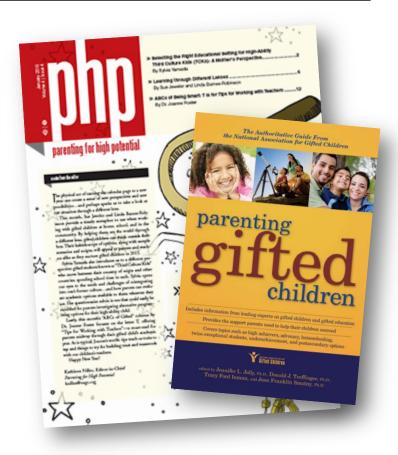
A Nation Empowered Acceleration Policies by State Guidelines for Developing an Academic



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Information & Publications

- Supporting Gifted Children · What is Giftedness
- FAQs about Gifted
- Gifted Education in the U.S. Glossary of Terms
- Equity in Gifted Education National Standards in Gifted and Talented
- Education Key Reports in Gifted
- NAGC Publications
- For Administrators For Educators
- For Parents
- For University Professionals Gifted Education Practices
- Gifted By State
- NAGC Online Store
- NAGC Gifted & Talented Resources Directory

NAGC Networks

connections can be found in these groups.

Did you know there are 16 Networks

plus 3 Special Interest Groups

within NAGC?

Home » Information & Publications » Resources Resources

This section of the website includes a broad swath of information for both the newcomer to gifted and talented education as well as for the experienced educator. Many of the resources have been developed by NAGC or compiled by staff and volunteers in response to requests from members and the public.

Glossary of Terms

Every speciality area has its own vocabulary. Brush up on your gifted education terms.

Frequently Asked Questions

Before you reach for the phone or conduct an Internet search, you might want to check out the FAQs about gifted education that have been compiled by NAGC staff and volunteers.

Gifted Education in the U.S.

Read an overview of the condition of education for gifted and talented students.

Myths about Gifted Students

Misconceptions about gifted students and gifted education create roadblocks for advocates. Learn more about the common myths and the realities.

National Standards in Gifted and Talented Education

Learn more about standards for all teachers, for gifted education K-12 programming, and for teachers programs.

Motivation and Learning

Learn how to help our gifted children become enthusiastic life-long learners.

Social & Emotional Issues

Advanced students are sometimes in situations that require a different kind of skill than they ha emotions they need help managing. Find out how we can help these children be happy and succe

NAGC NewsSource

Each week, receive current education news with a focus on gifted in your e-mailbox.

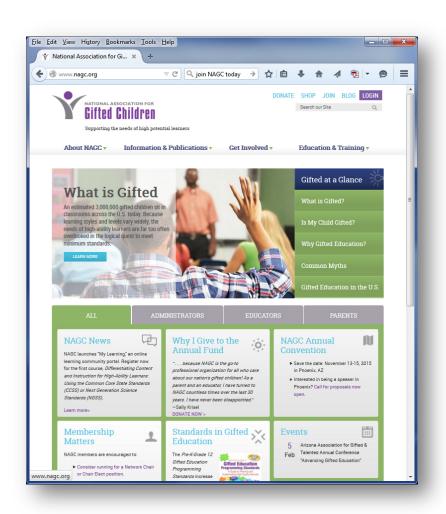
Advocacy Resources

Explore the resources for advocates, including how to advocate in your child's school and the advances toolkit. Also loom more about NACC's advan



NAGC Carpor Conter

Web & Social Media



www.nagc.org



NAGC - National Association for Gifted Children



Twitter @nagcgifted

Recursos Para Los Padres de Familia





"Helping Your Gifted Child to Succeed"

http://www.nagc.org/resources-publications/resources-parents/recursos-para-los-padres-de-familia

