

I am a certified Applied Improvisation and Applied Theatre Practitioner and Consultant who created Team Building On Purpose and KidScape Productions. Over the last 20 years, I have been employing this research-based approach helping thousands of students, teachers, patients, and corporations build the best version of themselves; my passion is deeply rooted in helping people communicate effectively and feel confident with ambiguity and change. I currently sit on three educational boards in the state of Nevada, and committees for the International Applied Improvisation Network. Nine months out of the year, my team and I support 1500 people weekly embedding connection and joy into process.

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Applied Improvisation is an effective way to get Gifted & Talented students to engage more fully with the material they need to learn, connect with peers, and the world at large.

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Christiana Frank

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Consultant / Trainer / Program Developer / Speaker

Certified Applied Improvisation & Applied Theatre Consultant/Practitioner



WHAT WE DO

Professional Develepoments

Team of Experts

In Class Teacher Modeling

In Class Student Field Trips

ChristianaFrank.com

Consultant / Trainer / Program Developer / Speaker

TeamBuildingOnPurpose.com

Team of educational experts. Education, mental health and corporate team building, professional developments, and coaching.

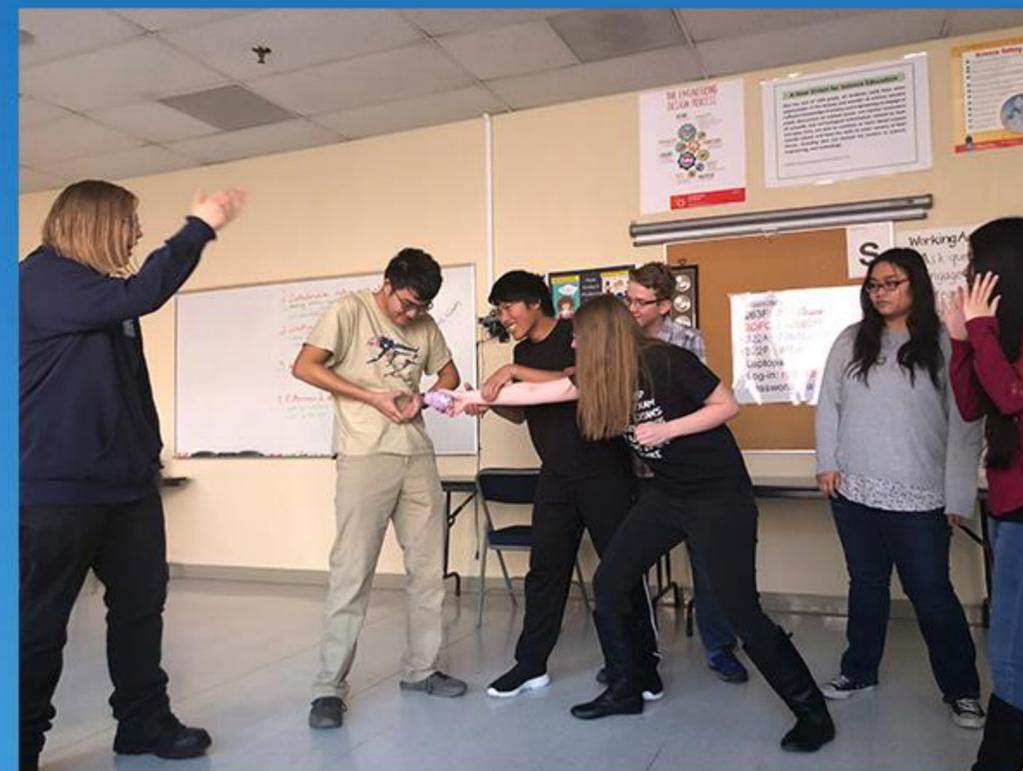
KidScapeProductions.com

Team of applied improvisation coaches. In-class day programming, assemblies, camps, and private coaching. Ages 3-17.



When I Hear the word
“IMPROVISATION” ...

How Do I Feel When I Hear I Will Be Doing
“IMPROVISATION” ...





Brain-based learning activity



What is Applied Improvisation?

Applied improvisation exemplifies that creativity happens collaboratively by using the principle of short turn taking between individuals in the group. In an atmosphere of positive purpose, everyone is encouraged to contribute. Fear, suspicion and anxiety are replaced with focus, creativity and sense of collaboration. This approach allows individuals, groups and organizations to release their creative potential and overtime increase their confidence.

Collaboration, Confidence and Creation



Research-based activity for core content retention.



Common GT Student Challenges

- 1) Social-Emotional Development
- 2) Perfection
- 3) Fear of Failure
- 4) Risk Taking/New Experience
- 5) Overexcitable
- 6) Anxiety
- 7) Varying Attention
- 8) Group/Team Work
- 9) Motivation
- 10) Misunderstood

changing mindsets



Why Applied Improv Matters To GT Students

- 1) Yes... And
- 2) Spontaneity
- 3) Celebrate Failure
- 4) Failing Forward
- 5) Active/Curious Listening
- 6) Practiced In A Low Stakes Environment
- 7) Strengthens Cognitive Behavior
- 8) Supports Executive Functioning
- 9) Assists Metacognition
- 10) Learning To Connect With Self & Others



Evidence-based activity for social-emotional learning.



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Improvisation is so valuable, it applies to almost every human activity.

Alan Alda

Actor, Director, Screenwriter, Author & Coach

The Alan Alda Center for Communicating Science

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Our interactions with other people are constantly creating and reinforcing neural pathways and neural pathways are the "habits of mind" that we experience as thoughts, beliefs, identity and sense of self. During developmental years, having skills that promote relationships of reciprocity can form a foundation for shaping one's social/emotional life going forward, but research also shows that new experiences continue to shape and produce new neural networks in the adult brain.

Jude Treder-Wolff

LCSW, CGP, MT, AI Consultant/Practitioner

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CONNECT

COMMUNICATE

COLLABORATE

CREATE





Research-based activity for correct content retention, social-emotional learning, executive functioning, metacognition, verbal, and nonverbal communication.



Research

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Hainselin, M., Aubry. A., and Bourdin. B. (2018).

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Thank You

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